

# Student Daily Self-Assessment

Do not send your student to school if any of the following are found during your student's daily self-assessment.

- Check temperature. If the student's temperature is 100.0°F or higher, do not send the student to school.
- Symptom check
- Cough
- Sore throat
- Shortness of breath
- Chills
- Fatigue
- Muscle or body aches
- Headache
- Loss of taste or smell
- Nausea or vomiting
- Diarrhea
- Nasal congestion if any of the above symptoms are included

If your student has any of the above symptoms, do not send them to school and contact your medical care provider for further advice. In addition, please notify school staff that you are keeping your child home and let school staff know about your child's symptoms.